

TALKING POINTS

by POSITIVE COACHING ALLIANCE

WEEK SEVEN: WINDOW OR MIRROR?

- This week I want you to think about leadership. A Triple-Impact Competitor® is a leader who helps teammates improve. For us to be as good a team as we can be, we need everyone on the team to be a leader, to think about how to make each other better.
- If you want to be a leader, every time something happens to our team, you have the choice of looking into a window or a mirror.
- What do you see when you look into a mirror? You see yourself. What about when you look through a window? You see what is going on around you. You see what is happening to your teammates.
- When something goes right, a leader looks through a window and gives credit to those around him/her. When something goes wrong, a leader looks into a mirror and takes responsibility for his/her part in what went wrong.
- Most of the time a leader looks through a window because he/she is thinking about helping the team and you can't do that if you are just thinking about yourself.
 - ✓ If you are a leader and you get replaced in a game, think about how you can help the player who replaced you. You can't do that if you are looking into a mirror, feeling sorry for yourself.
 - ✓ If you are part of a great play, look through the window and congratulate all your teammates who helped make that play work.
- But there are times when you as a leader need to look in a mirror. When something goes wrong, a leader doesn't look to blame others. He/she looks in the mirror and takes responsibility. I love it when I see a player point to himself/herself when he messes up – when he/she lets teammates know that it was his/her mistake.
- There's an old saying: It's amazing how much we can accomplish if it doesn't matter who gets the credit. Let's focus this week on being leaders and get the window and mirror right.

Discussion Points

- **If you get replaced in a game, what are some things you can do to help your team from the sidelines? What can you do to help your replacement?**

- **Is it hard to look in a mirror when you mess up? Does it make it easier now that you know that that's what leaders do?**

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