

Ten Signs You Are A Great Teammate:

- You're willing to play any role that helps the team
- You would rather touch the ball less and win than touch the ball a lot and lose
- When your team scores, the first people you congratulate are your teammates
- You love practice as much as you love games
- You respect your opponents but don't fear them
- You listen, are coachable, and respect your coaches and officials
- You are quick to pick up a teammate who is having a bad day
- You help teammates who have less experience
- You learn and grow from your own mistakes as well as others
- You're confident but not arrogant

Which one is the most important to you? Why?

Which one might be the most difficult for you? Why?

What do you think is missing from this list?

Which one will you try to improve this week? How?