

# Boys High School Volleyball

It was fun to see so many of the boys playing on their respective high School teams as 8<sup>th</sup> and 9<sup>th</sup> graders! I was able to witness first-hand the positive influence and leadership you boys have on each of your teams. This week's assignment is to answer a few questions about playing with your high school team.

What was your favorite drill at high school practice? Why?

What was your least favorite drill at high school practice? Why?

What was the most important skill you learned from your high school season?

What was the most important lesson you learned from your high school season? How can/will you share that with your club team?